



Dear Teachers,

We are once again offering the in-school curling program at the Whitehorse Curling Club.

What is the In-School Curling Program?

With help from club membership, coaches will provide a fun introductory 60 minute lesson plan, tailored to the age and experience of the students. Curling is a fantastic sport for young children – it's fun, physically active, teaches great values, and is very affordable. It's also a unique sport and will leave a lasting positive impression with the children.

When are the sessions offered?

We understand that getting the children to the curling club can be difficult logistically. We will try our best to work with your schedules. If we cannot accommodate the dates you provide we will do our best to come up with other dates that work for us both.

What grades?

Grades 3-12.

What do they need to bring?

All equipment is provided, so appropriate dress and footwear are the only requirements. Clean indoor sneakers and flexible, warm clothing are essential. For grades 3-4, you may want to require your children to wear bicycle helmets as another precaution, if a helmet is desired please have the student bring one along.

What is the cost?

We understand that getting the students off site can be a production that includes bussing costs. We are offering this program for no cost to you.

How do I sign up?

Email the form to info@whitehorsecurlingclub.com. We will confirm the dates with you within a few days!

Thank you and we hope to see you and your class this season at the Curling Club.

Cynthia Pothier
In-school Curling Program Coordinator



School and Teacher Information

School: _____

Phone: _____ Fax: _____

Teacher: _____ Email: _____

Class Information

Classes of 24 or less are preferable. Students must bring CLEAN INDOOR footwear. Helmets are optional with younger students and must be brought by the student if desired.

Grade: _____ # of Students: _____

Have these students participated in the In-School Curling program before?

Yes _____

No _____

Scheduling

Please give us some possible dates and times. We will allocate **3 x 60 minute lessons** per term, per class. Lessons are on Tuesdays, Wednesdays or Thursdays and either morning starting at 10 or 10:30 and afternoon starting at 1 or 1:30. Lessons can begin October 16th and will end December 13th for the Fall session. There may be some dates that are unavailable due to club events.

1. _____
2. _____
3. _____
4. _____

Special Note

There are two videos worth showing to the students before bringing them curling:
An Introduction to Curling the School (K-4), 25 minutes long
Getting Started in Curling for Teens (5-12), 21 minutes.
These should be available in your school, if they are not please contact us.

Conditions



While the club will provide instructors to lead the children on the ice, we do require the teacher to stay with the class at all times. No students are to be unsupervised in the Curling Club. Classes over 24 must have a teacher and an additional teacher or adult chaperone.